Allergy Relief
How to Develop & Maintain a Healthy Immune System

My Story

I have had allergies for as long as I can remember. Over-the-counter meds were my best friend come spring/summer time. The problem with those medications were that I was ALWAYS tired when taking them so I’d usually just suffer….even though the medications still didn’t take away my itchy eyes, runny/stuffy nose, sinus infections & terrible wheezing I’d get. After a month of CONTINUAL use of Shaklee, I noticed that my symptoms were lessening & they were ACTUALLY working!

I thought it was a little nutty taking “all those pills”, but knowing I was only putting nutrients in my body instead of chemicals made me really realize how much I had been neglecting my immune system of the very things it needed to help battle my allergies.

The Shaklee Difference

Our story started almost 60 years ago with Dr. Forrest C. Shaklee, whose philosophy of Living in Harmony with Nature® fueled an ongoing movement to help people live happier and healthier.

Today, we are the number one natural nutrition company in the U.S., with offices worldwide, and the foremost experts in nutrition research. We go above and beyond industry standards every day to ensure that our products are Always Safe, Always Work, and are Always Green.

In addition to testing every new ingredient for over 350 harmful contaminants, we conduct over 100,000 quality tests a year to ensure the greatest purity possible. We've also invested over $250 million in clinical testing, research, and development and are backed by over 100 scientific papers—including the first-ever 20-year Landmark Study, published in Nutrition Journal And more, we've helped fuel seven of Time-Life® ‡Books’ 25 Greatest Adventures of All Time.

Fun Facts About Shaklee:

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<tr>
<th>Shaklee Begins</th>
<th>Climate Leader</th>
<th>Landmark Study</th>
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<td>1956</td>
<td>2000</td>
<td>2007-published</td>
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<td>Dr. Forrest Shaklee founded a company based on Living in Harmony with Nature®</td>
<td>1st company in the US to offset 100% of CO2 emissions</td>
<td>20yr study showed Shaklee supplement users had better health than other supplement users and non-users</td>
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An allergy is an over-reaction of the immune system to a foreign protein substance.

60 million people have asthma/allergies. That’s 1 in 4 people! Over the last 10yrs there has been an 18% increase in allergies!

**Allergies & Asthma**

40% of children now have allergies.

8 million of those are respiratory allergies

7 million have non-respiratory allergies (food, pets, plants)

The annual cost of allergies is $7 BILLION DOLLARS!!!!!!

- Nearly $6 billion in medications
- Nearly 4 million lost workdays per year totaling close to $700 million lost in productivity!

There are now over 20 million asthma suffers! This number has quadrupled in the last 30 years!!!!! The stats are staggering with 1 out of 13 people having asthma.

**Never Be Sick Again by: Raymond Francis**

In the book by Raymond Francis he said that being sick is quite simple and can be classified by one word: **disease**.

And **DISEASE** is what happens when cells malfunction, whether it’s by a virus or bacteria.

**What are the 2 causes of disease?**

**Exposure to Toxins & Lack of Nutrients**

- Exposure to toxins from smoke, cleaners, pollution and mold which puts the immune system under attack.
- Lack of nutrients caused by stress, medications and consumption of sugar, refined carbs, caffeine & alcohol.

These things put a toll on our immune system causing it to work harder than it has to and then in turn weakening it.
There are 3 key approaches for Allergy Relief

1. Rebuild the Immune System
2. Restore Digestive Tract
3. Remove Toxins from your environment

Rebuild the immune system with supplements that will help support it: Nutriferon, Vitamin C, Vitamin D3, Alfalfa, B-Complex, OmegaGuard (for wheezing). You also should avoid: sugar, wheat, and dairy. Then add in 6-9 servings of veggies a day!!!!

For allergy suffers who tend to get sinus infections: Garlic Complex will kick it out of the park with its anti-viral, anti-bacterial & anti-fungal properties. (It’s also great at killing off candida, which is a major contributor to allergies.

Restoring the digestive tract is key. Did you know that 70% of your immune system lies in your gut! That’s just astounding! Providing your gut with the proper bacteria to fight off the bad bacteria is essential in your immune systems response to work properly. Not only will it help your immune system but it will also provide relief from bloating.

Removing toxins from your home from basic household cleaners can make a big impact on your health. Our Get Clean® line is:
- Non-toxic
- Leaves no harmful residues
- Safe around children, animals & sensitive adults
- Biodegradable
- Outperforms many leading natural brands

Rebuilding your immune system, restoring your digestive tract and removing toxins are just the easy things you can do.

It is crucial that you incorporate at least 6-9 servings of vegetables in your diet EVERY DAY!

It is encouraged to avoid sugar, wheat & dairy during this time as well and limit your intakes to reduce inflammation to your body.
The ‘Simplified’ Approach

**Vitalizer**

Vitalizer is the most advanced multinutrient supplement in the marketplace today with bio-optimized nutrients clinically proven to create a foundation for a longer, healthier life. * V Vitalizer is the powerful and convenient approach to complete supplementation providing the best spectrum of vitamins, minerals, antioxidants, anti-aging phytonutrients, omega-3 fatty acids, and probiotics*, all in one daily serving.

- Custom formula created specifically for today's healthy active woman
- Patent-pending delivery system designed to enhance absorption of key nutrients
- Based on 12 clinical studies and a first-of-its-kind Landmark Study

**NutriFeron**

NutriFeron is a patented, clinically proven blend of immune-strengthening plant extracts. When used daily, it increases the production of your body’s natural interferon, a critical activator of the immune system.

NutriFeron works at the cellular level, by rapidly activating your immune system’s defenses*

**Alfalfa Complex**

Alfalfa is a storehouse of nutrients. Its taproot reaches down as deep as 20 feet, searching out nutrients and minerals from deposits in the soil, while its leaves gather large amounts of chlorophyll through the natural process of photosynthesis.

Alfalfa helps with asthma, allergies & arthritis, as it’s a natural antihistamine.

Alfalfa Complex is a Shaklee Signature Formula originally developed by Dr. Shaklee.

**Garlic Complex**

Allicin, a compound found in garlic, has been shown to be responsible for many beneficial actions, including the support for the maintenance of healthy levels of beneficial microorganisms.*

Garlic is an anti-viral, anti-bacterial, anti-fungal & helps kill off candida!

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Asthma Program
Strengthen Immune System:
Vitalizer + Nutriferon
OR
Vita Lea + Vitamin C + Nutriferon + Optiflora
Reduce Inflammation:
OmegaGuard + Alfalfa

Allergy Program
Vitalizer + Nutriferon + Alfalfa + Get Clean

Additional Support:
Garlic, Immunity Formula I, Defend & Resist
Total Cost: $84.60

Reduce Inflammation:
OmegaGuard + Alfalfa

Children with Allergies & Asthma
Incredivites/Ocean Wonders Multivitamin + Mighty Smarts + Alfalfa + Optiflora

Additional Support:
Chewable Vitamin C, Nutriferon, Defend & Resist

And of course a good diet filled with lots of veggies!!

DISCOUNTS – MEMBERSHIP – SHIPPING

Discounts:
- Refer a friend who places a 50PV order and you earn $10 towards your order
- Become a Shaklee member and earn 15%-25% off your purchases
- Host a wellness hour in your home and get $10 off your next order

Membership:
- Get it FREE by purchasing a number of items in our shop: Vitalizer, 180 Kits*.
- $19.95 payment that gives you 15% off all purchases. This is not a yearly renewal, it’s a one time fee.

April Shipping Special for current members:
- Order over 100PV = ½ off shipping
- Order over 150PV= FREE shipping
- Earn & Learn Program: Listen to any webinar of your choice, at your own home – email/message me 3 things that you learned and get FREE shipping on your next order. No PV requirement.

Shaklee Promotions!
BEGINS APRIL 4, 2014

Any new member that places a 50pv order in the month of April will get a FREE Advanced Joint Health Complex product with your order! Each month there will be a new product giveaway. Minimum orders of 50PV in the 2nd & 3rd months.

4th Month Bonus:
New people earn a free product of choice and can also upgrade to a Distributor for FREE at the conclusion of those three months! ($49.95 value)!